

**TRAINING FOR ALL (TFA)-INTENSIVE TRAINING
PROGRAMME (ITP)- TRIBAL WELFARE DEPARTMENT
GOVERNMENT OF TELANGANA.**

**Design of
TRAINING COURSE FOR ANM/ STAFF NURSE.**

(TRAINER MATERIAL)

DESIGNED BY

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Context:

Tribal welfare department in collaboration with Call health has recruited 400 ANMs and established health command centre to monitor the health of TW students by identifying their health problems in advance and treat them accordingly to improve their overall health status, but due to lack of Knowledge and skills among ANMs(Auxiliary nursing midwifery) they are unable to identify children suffering from various health issues and the condition of diseased students is deteriorating which may lead to increase in medical bills or drop outs or mortality of the students.

SCOPE:

After successfully completion of this training programme the participants will be able to improve the health status of TWD students by providing them health care access at all levels.

Training Need:

Lack of Knowledge and skills in:

- Identifying emergency cases.
- Providing treatment for minor health issues.
- Maintaining all medical records at institution level.
- Management of students suffering from chronic diseases.
- Following standard protocol for attending and reporting emergency /admitted cases.
- Maintenance of sick room along with required medicines and equipment.
- Conducting health education classes.
- Identify certain behavioural issues based on Psychological change.

Target Group:400 ANMs.

Aim of Training:

To equip TWD ANMs with knowledge and skills on health care system to improve the health status and reduce the mortality of TW students.

Training Objectives:

At the end of the training the participants will be able to

1. Identify students suffering from various diseases and provide them health care access in time.
2. Maintain all preventive and sanitary aspects of health.
3. Identify and provide treatment for behavioural issues among TW students based on Psychological changes.

Training Objective 1:

At the end of the training the participants will be able to

Identify students suffering from various diseases and provide them health care access in time.

Enabling Objectives:

The participants will be able to:

1. Identify emergency cases.
2. Provide treatment for minor health issues.
3. Maintain standard protocol for reporting and attending emergency cases.
4. Manage students suffering from chronic diseases

Training Objective 2:

At the end of the training the participants will be able to

Maintain all preventive and sanitary aspects of health.

Enabling Objectives:

1. Maintain all medical records (stock register for medicines, chronic diseases & menstrual details) at institution level.
2. Proper maintenance and stocking of sick room with required medicines and equipment.
4. Conduct health education classes and educate about Personal hygiene and Nutritional diet.
5. Demonstrate all preventive measures to other responsible staff at the institution.

Training Objective 3:

At the end of the training the participants will be able to Identify certain behavioural issues based on Psychological changes.

Enabling Objectives:

1. Identify of Psychological issues among students.
2. Management of Psychological issues among students.

DESIGN CONSTRAINTS:

- Persons: Doctors, Psychiatrist.
- Resource Budget: There is provision for budget but the program has to be cost effective.
- Location: As the training is scheduled through Virtual mode location is not a constraint.
- Time: TWD providing training for 2 days on ANMs, hence no constraint.

TRAINING METHOD:

Lesson method:

Demonstration:

Lecture Method:

This method is applied for transmission of information to all trainees.

Group Exercise

This method is applied to develop interpersonal skills and team building activities on

Roles and Responsibilities of trainers.

Individual Exercise

This method is applied for increasing knowledge and skills among the individual learner on dealing case studies.

Group discussion

This method helps with Understanding a topic / concept deeply which will stay for a long time in their minds.

COURSE MATERIAL:

Learner material:

Activities and Exercises.
Individual exercises.

Hand-outs:

Handouts for all learning events will be given.

Action plan format:

Total no. of trainees involved is 400 approx the strategy for training implementation will be as follows:

All batches will be conducted in virtual mode.

The training will be conducted on.

Identifying three resource person.

Trainer material:

Presentations.

Medium of presentation is English.
Power point presentations on all key areas.

Visual aids.

PPT

Work book

Trainer hand book.

Course Administration:

List of participants

Registration Forms.

Attendance sheets.

Day wise Time table/Schedules.

Feedback Forms.

Assessment/Evaluation forms.

Completion/Accreditation Certificate.

LEARNING EVENT:

S. NO	ENABLING OBJECTIVES	CONTENT	METHOD	MEDIA	PERFORMANCE AID	TIME	TRAINER	ASSESSMENT
1	Management of minor health issues in students.	1. Common health issues a children-Introduction. 2. Cause. 3. Signs& symptoms 3. Treatment. 4. Prevention.	Lesson method /Group discussion.	PPT	List of Minor health issues among students and their treatment plan.	60mins	Doctor	Question and answers, Quiz.
2	Management of Chronic diseases in TW Institutions.	1. Introduction. 2. Most common Chronic diseases among children.	Lesson method/Group discussion	PPT	List of common Chronic diseases and their management.	60mins	Doctor	Individual exercise

		3. Management.						
3	Maintenance of Medical records.	1. Stock register for medicines. 2. Menstrual cycle register 3. Register for Chronic diseases.	Demonstration/ Lesson method	PPT	Charts.	60mins	Doctor	Questionnaire
4	Health emergencies in TW Institutions.	1. Introduction. 2. Most common health emergencies .3. Management.	Lesson method/ Group discussion/Demonstration	PPT	List of common health emergencies among students and their management.	60mins	Doctor	Question and answers, Quiz
5	Proper maintenance and stocking of sick room.	1. First aid medicines. 2. Equipment.	Demonstration/ Lesson method	PPT	List of first aid medicine /equipment and its usage. 2.Flow chart how to purchase the medicines.	60mins	Doctor	Questionnaire
6	Standard protocol for emergency/admitted cases.	1. Role of ANM in reporting and attending emergency/admitted cases. 2. Role of Health command centre.	Lecture method/Demonstration	PPT	Flow Charts.	45mins	Project manager-call health.	Questionnaire
7	Conducting health education classes for students	1. Importance of hand washing. 2. Nutritional	Lecture method/Lesson method	PPT	-	30mins	Doctor	Questionnaire

		diet3. Personal /Menstrual hygiene.4. Healthy life style						
8	Sanitary aspects for Prevention of Diseases.	1. Introduction. 2. Prevention of Communicab le diseases. 3. Prevention of Food poison. 4. Prevention from Seasonal diseases.	Lesson method	PPT	Charts.	30m ins	Doctor / Public health profession al.	Questio n and answers, Quiz
9	Identificatio n of Psychologica l issues among students.	1. Common Psychologica l issues and their identific ation.	Lesson method/Group discussion	PPT	List of common Psycholo gical issues and their manage ment.	30m ins	Psychia trist	Questio n and answers, Quiz
10	Managemen t of Psychologica l issues among students.	.1.Common Psychologica l issues and there managemen t..	Lesson method /Group discussion.	PPT		30m ins	Psychia trist	-